



Are you looking for **FREE** trainings on Healthcare Communication Skills?



MISSISSAUGA HALTON SELF MANAGEMENT PROGRAM

Participant Experience

- Certificate of completion
- Refreshments provided
- Workshops are **FREE** of cost
- All materials included
- Host programs exclusively for your team



“ *Teamwork and communication failures are a leading cause of patient safety incidents in healthcare* ”

— Canadian Patient Safety Institute



**Training for
Healthcare
Professionals**



Trainings



Cultural Mindfulness

Cultural Mindfulness introduces the concept of cultural reflection and core concepts of health equity to ultimately enhance patient interactions and increase positive experiences within health care interactions for your patients/clients.



Brief Action Planning

A highly structured, person-centered and evidence informed model. It is a structured way of having a conversation with someone who is interested in turning healthy behaviours into concrete plans.

Additional Training Sessions

- Health Literacy
- Treating Patients with C.A.R.E
- Choices & Changes
- Keeping clients engaged in virtual interactions
- Patient Experience

Additional training sessions are available upon request

Sign Up Today



Phone call
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Website
www.maximizeyourhealth.ca

For a list of all available workshops visit
www.maximizeyourhealth.ca

